09.30–13.45 SESSION: “THE NEW GENERATION OF AESTHETIC MEDICINE”
Chair: Irina Zhukova, Candidate of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia

Alena Mayorova, Candidate of Pharmaceutical Sciences, Head of the Department of Aesthetic Medicine, Russian Peoples’ Friendship University, Member of the Board of SAMS, Moscow, Russia

09.30–09.50 Nanotechnologies in medicine
Prof. Yuri Yevdokimov, Doctor of Chemical Sciences, Head of Laboratory, V.A. Engelgardt Institute of Molecular Biology affiliated with the Russian Academy of Sciences, Moscow, Russia

09.50–10.05 One efficient non invasive anti-ageing approach
Prof. Geraci Vincenzo Eduardo, Rizzo Leonido, the LA MADONNINA Clinic, Milan, Italy

10.10–10.25 Merz Pharma. Aesthetic dermatology and a strategy for communicating with the medical community
Inessa Saakyan, Manager of the Department of Aesthetic Dermatology, the Merz Pharma Company, Moscow, Russia

10.30–10.45 Introduction of new generation botulinum toxin type A free of complexing protein
Luitgard G. Wiest, Vice President of the International Society of Dermatologists, member of the German Society of Dermatologists and Oncologists, member of the European Academy of Dermatologists and Venereologists, Munich, Germany
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<tr>
<td>10.50–11.05</td>
<td><strong>The role of copper tripeptide in skin remodelling after invasive aesthetic treatments</strong></td>
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<td>Lyudmila Kamelina, dermatologist-cosmetician, physician of the higher category, Coach at Phitogen LLC, Moscow, Russia</td>
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<td>11.10–11.25</td>
<td><strong>The experience of using Juvederm ULTRA, a new dermal filler based on hyaluronic acid for the correction of lines and wrinkles and facial contouring</strong></td>
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<td>Vladimir Avtomonov, dermatologist-cosmetician, the EsTe Information Centre, Moscow, Russia</td>
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<td>11.30–11.45</td>
<td><strong>Fractional laser skin resurfacing</strong></td>
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<td>Sergey Minkin, Director of Dr. Minkin Medical Centre, Moscow, Russia</td>
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<td>11.50–12.05</td>
<td><strong>The new generation of laser technologies in aesthetic medicine: fractional photothermolysis (the Sellas laser system, Korea)</strong></td>
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<td>Yelena Rumyantseva, specialist in skin and venereal diseases, Scientific Consultant at the Department of Medical Aesthetics and Apparative Cosmetology, Vallex M LLC, Moscow, Russia</td>
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<td>12.10–12.25</td>
<td><strong>Cosmetic plastic: complex treatment of cellulites</strong></td>
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<td>Raisa Darsigova, Candidate of Medical Sciences, member of SAM, member of French Anti-Age Society, Patrone of Russia, Director General of «Elita Medical Center» clinic, Moscow, Russia</td>
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<td>12.30–12.45</td>
<td><strong>The combination of photosensitizing chemical peelings and laser radiation: a new step in the comprehensive treatment of age-related skin changes</strong></td>
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<td>Michele Eymard, Doctor of Chemistry, pharmacologist, Principal Specialist at the Renophase® Laboratory, author and developer of chemical peelings, France</td>
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<td>12.50–13.05</td>
<td><strong>PRP Hydrogel Matrix: a new product for enhancing and prolonging the effect of invasive treatments — mesotherapy, filler injection, and chemical peeling</strong></td>
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<td>Michele Eymard, Doctor of Chemistry, pharmacologist, Principal Specialist at the Renophase® Laboratory, author and developer of chemical peelings, France</td>
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<td>13.10–13.25</td>
<td><strong>Electrochemical influence of organic acids on biology of skin</strong></td>
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<td>Gianfranco de Paoli Ambrosi, Italy</td>
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<td>13.30–13.45</td>
<td><strong>A new synergistic programme for skin biorevitalization: the interaction of hyaluronic acid with polynucleotides</strong></td>
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<td>Maurizio Kavallini, MD, microsurgeon, Vice President of the European Association of Aesthetic Surgery, instructor for the master’s degree course at the University for Aesthetic Surgery and Medicine (Milan), instructor at the International School of Aesthetic Medicine (Rome), instructor at the Post University School of Aesthetic Medicine (Milan), Italy</td>
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<td>13.45–14.25</td>
<td><strong>COFFEE BREAK</strong></td>
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<td>Chair: Tamara Korchevaya, Candidate of Medical Sciences, Head Physician of the Danae Medical Cosmetology Centre, Moscow, Russia</td>
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<td>Yu.N. Perlamutrov, K.B. Olkhovskaya, Moscow State Medical Stomatological University, Moscow, Russia</td>
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<td>15.00–15.15</td>
<td><strong>Food intolerance and problem skin</strong></td>
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<td>Prof. Lyudmila Nazarenko, Department of Gastroenterology and Dietetics, Saint-Petersburg Academy of Advanced Medical Studies (SpbMAPO), Saint-Petersburg, Russia</td>
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<td>15.20–15.35</td>
<td><strong>Rosacea and roaccutan</strong></td>
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<td>Tamara Korchevaya, Candidate of Medical Sciences, Head Physician of the Danae Medical Cosmetology Centre, Moscow, Russia</td>
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<td>15.40–15.55</td>
<td><strong>The ozone-oxygen therapy of rosacea</strong></td>
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<td>Oksana Bitkina, Associate Professor of the Department of Skin and Venereal Diseases, Nizhni Novgorod State Medical Academy, Nizhni Novgorod, Russia</td>
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<td>N.K. Nikulin, L.I. Filippova, G.A. Panteleyeva, T.V. Kopytova, K.N. Kontorshikova, A.P. Bavrina, Nizhni Novgorod State Medical Academy, Institute of skin and venerology. Regional cosmetological clinic, Nizhni Novgorod, Russia</td>
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16.00–16.15 Products for the treatment of sensitive rosacea-prone skin
Prof. Tatiana Korolkova, Doctor of Medical Sciences, Head of the Department of Medical Cosmetology at Saint-Petersburg Academy of Advanced Medical Studies (SpbMAPO); Chairperson of the Saint-Petersburg Research and Practice Society of Cosmeticians, Saint-Petersburg, Russia

16.20–16.35 Complications resulting from the treatment of rosacea
Natalia Polonskaya, Candidate of Medical Sciences, Associate Professor of the Department of Dermatovenereology and Clinical Mycology at the Faculty of Advanced Medical Studies, Russian State Medical University; Head Physician, the Optimed Aesthetic Medicine Corporation; Moscow, Russia

16.40–17.00 BREAK

17.00–19.00 JOINT SESSION FOR PLASTIC SURGEONS AND DERMATOLOGISTS-COSMETICIANS: “AGE-RELATED CHANGES IN THE FACE AND NECK: CLASSIFICATION, GERONTOGENESIS, TREATMENT APPROACHES.”

PANEL DISCUSSION
Chair: Prof. Sergey Vasilyev, Doctor of Medical Sciences, Head Surgeon, Director of the Plastaes Centre for Plastic and Aesthetic Surgery, Head of the Department of Plastic Surgery and Cosmetology, Ural State Academy of Advanced Medical Studies (UGMADO), Chelyabinsk, Russia

Participants:
Prof. Anatoly Belousov, Doctor of Medical Sciences, the Centre for Plastic and Reconstructive Surgery, LLC, Saint-Petersburg, Russia
Prof. Aleksey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia
Prof. Tatiana Korolkova, Doctor of Medical Sciences, Head of the Department of Medical Cosmetology at Saint-Petersburg Academy of Advanced Medical Studies (SpbMAPO); Chairperson of the Saint-Petersburg Research and Practice Society of Cosmeticians, Saint-Petersburg, Russia
Irina Khrustalyova, Candidate of Medical Sciences, Associate Professor of the Department of Plastic Surgery at Saint-Petersburg Academy of Advanced Medical Studies (SPbMAPO), ISAPS National Secretary for Russia, Saint-Petersburg, Russia
Yelena Shuginina, Candidate of Medical Sciences; Deputy Director General of the Beauty Institute Cosmetology Clinic, Closed Company; Member of the Board of SAMS (the Society of Aesthetic Medicine Specialists); Moscow, Russia

End of day one
January, 29

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<td>09.30–14.00</td>
<td><strong>SESSION: “BOTULINUM TOXIN IN AESTHETIC NEUROLOGY AND AESTHETIC MEDICINE IN GENERAL: THE NEW PRODUCTS, THE EXTENSION OF INDICATIONS, PROPRIETARY TREATMENT TECHNIQUES. PART 1”</strong></td>
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<td>Chairs: Prof. Olga Orlova, Doctor of Medical Sciences, Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, A.Y. Kozhevnikov Clinic of Nervous Diseases; member of SAMS, Head of the Division of Aesthetic Neurology, President of Interregional association of botulinotherapy specialists, Moscow, Russia</td>
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<td>Prof. Yana Yutskovskaya, Doctor of Medical Sciences, Vladivostok, Russia</td>
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<td>9.30–9.50</td>
<td><strong>Particularities of peri-orbital anatomy</strong></td>
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<td>Jacques Lagier, ophthalmologist, Paris, France</td>
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<td>9.50–10.10</td>
<td><strong>Retraction of the eyelid etiology and treatment</strong></td>
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<td>Jacques Lagier, ophthalmologist, Paris, France</td>
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<td>10.10–10.30</td>
<td><strong>Botulinum toxin in aesthetic medicine–2008</strong></td>
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<td>Andy Pickett, Ipsen Biopharm Limited, Wrexham, Great Britain</td>
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<td>10.30–10.50</td>
<td><strong>A review of the clinical studies on the use of new generation botulinum toxin free of complexing proteins</strong></td>
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<td>Sof’ya Timerbayeva, Candidate of Medical Sciences, Leading Research Scientist, the Research Centre of Neurology affiliated with the Russian Academy of Medical Sciences, Moscow, Russia</td>
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<td>10.50–11.10</td>
<td><strong>Clinical Practice with BTX A free of complexing protein. Upper and lower face</strong></td>
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<td>Luitgard G. Wiest, Vice President of the International Society of Dermatologists, member of the German Society of Dermatologists and Oncologists, member of the European Academy of Dermatologists and Venereologists, Munich, Germany</td>
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<td>11.00–11.30</td>
<td><strong>The peculiarities of using botulinum toxin type A (Lantox) for the treatment of hyperkinetic lines. The extension of the indications</strong></td>
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<td>Sergio Talarico, MD, Brazil</td>
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<td>11.30–11.50</td>
<td><strong>The botulinic toxin treatment of vegetative (autonomic) dysfunction using Lantox</strong></td>
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<td>Ada Artyomenko, Candidate of Medical Sciences, Senior Research Scientist at the Department of Vegetative Nervous System Pathology, I. M. Sechenov Moscow Medical Academy Research Centre, Moscow, Russia</td>
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<td>O.R. Orlova, I.M. Sechenov Moscow Medical Academy, A.Y. Kozhevnikov Clinic of Nervous Diseases; Moscow, Russia</td>
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<td>A.L. Kurenkov, the Research Centre for Children’s Health affiliated with the Russian Academy of Medical Sciences, Moscow, Russia</td>
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<td>11.50–12.10</td>
<td><strong>The modern view of the mechanism of action of botulinum toxin type A</strong></td>
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<td>Aleksey Kurenkov, Doctor of Medical Sciences, Leading Research Scientist, the Research Centre for Children’s Health affiliated with the Russian Academy of Medical Sciences, Moscow, Russia</td>
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<td>S.S. Nikitin, Research institute for general pathology and pathophysiology affiliated with the Russian Academy of Medical Sciences, Moscow, Russia</td>
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<td>A.R. Artyomenko, O.R. Orlova, I. M. Sechenov Moscow Medical Academy Research Centre, Moscow, Russia</td>
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<td>12.10–12.30</td>
<td><strong>The safety of the prolonged use of botulinum toxins for the treatment of hyperkinetic lines</strong></td>
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<td>Olga Rakhimullina, dermatologist of the higher category, cosmetician, Teaching Assistant at the Department of Dermatovenereology, Kazan State Medical Academy (KGMA); Head Physician of the Medical Cosmetology Centre; Externe Chief Specialist in Cosmetology, the Tatarstan Republic Ministry of Health, Kazan, Russia</td>
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<td>Farida Devlikamova, Doctor of Medical Sciences, Professor of the Department of Neurology and Manual Therapy, Kazan State Medical Academy (KGMA), Kazan, Russia</td>
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<td>12.30–12.50</td>
<td><strong>Immune resistance to botulinum toxin in aesthetic medicine</strong></td>
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<td>Tatiana Korolikova, Doctor of Medical Sciences, Head of the Department of Medical Cosmetology at Saint-Petersburg Academy of Advanced Medical Studies (SpbMAPO); Chairperson of the Saint-Petersburg Research and Practice Society of Cosmeticians, Saint-Petersburg, Russia</td>
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<td>Tatiana Dovbeshko, Teaching Assistant at the Department of Medical Cosmetology, Saint-Petersburg Academy of Advanced Medical Studies (SpbMAPO), Saint-Petersburg, Russia</td>
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12.50–13.10 The peculiarities of the two-stage programme of training in botulinum toxin injection techniques in aesthetic medicine
Prof. Yana Yutskovskaya, Doctor of Medical Sciences, Vladivostok, Russia

13.10–13.40 Round table discussion. Questions and answers

13.00–14.40 COFFEE BREAK

Chair: Emma Dolzhikova, Director General of the Beauty Institute Cosmetology Clinic, Closed Company; Member of the Board of SAMS, Moscow, Russia
Yelena Shuginina, Candidate of Medical Sciences; Deputy Director General of the Beauty Institute Cosmetology Clinic, Closed Company; Member of the Board of SAMS; Moscow, Russia

14.40–14.55 The correction of the orbital region: the tear trough, crow’s feet, the orbital edge
Alisa Sharova, Candidate of Medical Science, specialist in skin and venereal diseases, the Belkontur Training and Methodology Centre, Moscow, Russia
A. Saybel, Moscow, Russia

14.55–15.10 Triniti: A Comprehensive Skin Rejuvenation Program
R. Stephen Mulholland, director of SpaMedica Infinite Vitality Clinics, member of the Canadian Society of Plastic Surgeons and the American Society of Plastic Surgeons, Canada

Ekaterina Vertelova, dermatologist-cosmetician, Corneal LLC, Moscow, Russia

15.25–15.40 Rejuvenation of the mid-face using the filler PerfectaDerm
Daniel Vasconcellos Regazzini, plastic surgeon, member of the Brazil Society for Aesthetic Medicine, Sao Paolo, Brazil

15.40–15.55 Algorithms for solving therapeutic problems of the periorbital zone
Madina Koliyeva, Candidate of Medical Sciences, specialist in skin and venereal diseases, Research Manager of the Vallex M Training and Methodology Centre, Moscow, Russia

15.55–16.10 The peculiarities of aesthetic correction using hyaluronic acid products in aged patients. The problems and possible solutions
Klaus Laeschke, MD, Germany

16.10–16.25 Discussion

16.25–17.00 BREAK

17.00–19.00 JOINT SESSION FOR PLASTIC SURGEONS AND DERMATOLOGISTS-COSMETICIANS: “THE SOCIAL RESPONSIBILITY OF ADVERTISING IN AESTHETIC SURGERY AND COSMETOLOGY.” PANEL DISCUSSION
Chair: Prof. Anatoly Belousov, Doctor of Medical Sciences, the Centre for Plastic and Reconstructive Surgery, LLC, Saint-Petersburg, Russia

17.00–17.15 The role of advertising in the life of the plastic surgeon
Prof. Anatoly Belousov, Doctor of Medical Sciences, the Centre for Plastic and Reconstructive Surgery, LLC, Saint-Petersburg, Russia

17.15–17.30 The role of advertising in the development of aesthetic medicine
Prof. Vladimir Vissarionov, Doctor of Medical Sciences, Director General of the Institute of Plastic Surgery and Cosmetology (Federal State Unitary Enterprise) affiliated with the Russian Federation Ministry of Health; member of the American Academy of Facial, Plastic and Reconstructive Surgery; Academician of the International Academy of Ecological Reconstruction; President of SAMS (the Society of Aesthetic Medicine Specialists), Moscow, Russia

17.30–17.45 Fraudulent and deceptive advertising in aesthetic surgery and cosmetology: who is to blame and what is to be done?
Prof. Sergey Vasilyev, Doctor of Medical Sciences, Head Surgeon, Director of the Plastaeas Centre for Plastic and Aesthetic
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Surgery, Head of the Department of Plastic Surgery and Cosmetology, Ural State Academy of Advanced Medical Studies (UGMADO), Chelyabinsk, Russia

17.45–18.00 The social impact of advertising in surgical cosmetology
Prof. Leonid Pavlyuchenko, Doctor of Medical Sciences, Aesthetic and Plastic Surgery Department at Russian Peoples’ Friendship University, President of the Association of Clinics for Plastic Surgery and Cosmetology (AKPKHiK), Head Physician of the Beauty Surgery Clinic, Moscow, Russia

18.00–18.15 The role of an ethics committee in resolving problems pertaining to the practice of aesthetic medicine. Legal/ethical examination of biomedical projects
Prof. Olga Panova, President of the Society for Aesthetic Medicine, Doctor of Medical Sciences, the Department of Dermatooncology and Laser Surgery, the Central Clinical Hospital affiliated with the Russian Academy of Sciences, the Eklan Centre for Cosmetic Correction, Moscow, Russia

18.15–18.30 The role of the dermatologist-cosmetician in the correction of the patient’s idea of the potential of cosmetology created by advertising and through the mass media
Natalia Polonskaya, Candidate of Medical Sciences, Associate Professor of the Department of Dermatovenerology and Clinical Mycology at the Faculty of Advanced Medical Studies, Russian State Medical University; Head Physician, the Optimed Aesthetic Medicine Corporation; Moscow, Russia

18.30–18.45 Information-related law violations in medicine
Aleksei Tikhomirov, advocate, Candidate of Law, Doctor of Medical Sciences, Editor in chief of journal «Head physician: economics and law», Moscow, Russia

18.45–19.00 The legal and ethical aspects of the credibility of advertising in aesthetic medicine
Prof. Gurgen Pashinyan, Doctor of Medical Sciences, Academician of the Russian Academy of Medical Technical Sciences; Head of the Department of Forensic Medicine, Moscow State Medical Dental University; Honorary Member of the British Association of Forensic Odontologists, Moscow, Russia

End of day two
January 30

9.30–12.00 Commented session: “Non-Invasive Plastic Surgery: The Expectations and Realities”
Chair: Sergey Nudelman, plastic surgeon, Director of the Centre for Cosmetology and Plastic Surgery, Ekaterinburg, Russia
Sergey Minkin, Director of Dr. Minkin Medical Centre, Moscow, Russia

09.30–09.45 The efficiency of fractional photothermolysis in facial skin rejuvenation and scar correction using the Multi Skin Test Center® MC 900 diagnostic unit
Ekaterina Chernysh, Candidate of Medical Sciences, dermatologist-cosmetician, the Lancet Centre for Plastic and Endoscopic Surgery, Moscow, Russia
A.V. Shilkov, the Lancet Centre for Plastic and Endoscopic Surgery, Moscow, Russia

09.50–10.05 Thermage — two years in Russia: the results and topical issues. The experience of the Klazko Clinic
Yelena Belyakova, Candidate of Medical Science, dermatologist-cosmetician, the Klazko Clinic, Moscow, Russia

10.10–10.25 Complications after thermage treatment and their possible causes
Yelena Karpova, Candidate of Medical Sciences, member of the Russian Society of Plastic, Reconstructive and Aesthetic Surgeons, member the American Academy of Facial, Plastic and Reconstructive Surgery, the Lancet Centre for Plastic and Endoscopic Surgery, Moscow, Russia

10.30–10.45 Radio wave therapy in dermatology and aesthetic medicine. Grounds for usage. Effectiveness estimate
Olga Zabnenkova, Candidate of Medical Sciences, senior researcher, Laboratory for studies of reparative processes in skin, I.M. Sechenov Moscow Medical Academy; Head of cosmetology and plastic surgery department, “Detal” clinic, Moscow, Russia

10.50–11.05 Cold Er:YAG laser skin resurfacing combined with SMOOTH neocollagenesis stimulation
Andrey Iskornev, A. Kiani, the NAOMI Clinic for Plastic Surgery and Laser Cosmetology, Medi SPA LLC, Moscow, Russia

11.10–11.25 VelaShape: A total non-invasive body enhancement solution
R. Stephen Mulholland, director of SpaMedica Infinite Vitality Clinics, member of the Canadian Society of Plastic Surgeons and the American Society of Plastic Surgeons, Canada

11.30–11.45 Matrix RF: A Versatile Fractionated Radio-Frequency Skin Rejuvenation
R. Stephen Mulholland, director of SpaMedica Infinite Vitality Clinics, member of the Canadian Society of Plastic Surgeons and the American Society of Plastic Surgeons, Canada

11.45–12.00 Discussion

12.00–12.20 BREAK

12.20–14.05 SESSION: “BOTULINUM TOXIN IN AESTHETIC NEUROLOGY AND AESTHETIC MEDICINE IN GENERAL: THE NEW PRODUCTS, THE EXTENSION OF INDICATIONS, PROPRIETARY TREATMENT TECHNIQUES. PART 2”
Chairs: Sof’ya Timerbayeva, Candidate of Medical Sciences, Leading Research Scientist, the Research Institute of Neurology affiliated with the Russian Academy of Medical Sciences, Vice-President of Interregional association of bothulinotherapy specialists, Moscow, Russia
Prof. Olga Orlova, Doctor of Medical Sciences, Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, A.Y. Kozhevnikov Clinic of Nervous Diseases; member of SAMS, Head of the Division of Aesthetic Neurology, President of Interregional association of bothulinotherapy specialists, Moscow, Russia

12.20–12.35 Botulinum toxin: what’s new in anatomy, products and indications (the lower face)
Patrick Trevidic, MD, plastic surgeon, Paris, France

12.40–12.55 The use of botulinum toxin type A (Lantox) in patients with aesthetic problems of the lower face and masticatory hyperfunction
Leniza Mingazova, Candidate of Medical Sciences, neurologist, I.M. Sechenov Moscow Medical Academy, Moscow, Russia
Prof. Olga Orlova, Doctor of Medical Sciences, Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, A.Y. Kozhevnikov Clinic of Nervous Diseases; member of SAMS, Head of the Division of Aesthetic Neurology, Moscow, Russia
M.I. Soykher, M.G. Soykher, the German Dental Centre, Moscow, Russia
**January, 30**

**13.00–13.15** The comprehensive conservative treatment of the after-effects of facial nerve impairment (mimetic asymmetry)
Prof. Olga Orlova, Doctor of Medical Sciences, Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, Moscow, Russia
S.V. Surovykh, RMAPO, Moscow, Russia

**13.20–13.35** The simultaneous use of Botox and fillers based on stabilized and non-stabilized hyaluronic acid for the correction of involutional changes in the skin of the face and neck
Liya Gavasheli, Candidate of Medical Sciences, plastic surgeon, Head of Liya Gavasheli Rejuvenation Clinic, Moscow, Russia

**13.40–13.55** The gender approach to injections of botulinum toxin type A in aesthetic medicine
Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia
Prof. Olga Orlova, Doctor of Medical Sciences, Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, Moscow, Russia

**13.55–14.05** Closing session

**14.05–14.40** COFFEE BREAK

Chair: Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia

**14.40–14.55** Age-related changes in biochemical properties of lips and perioral domain skin in women of European population
Natal’ya Lapatina, the Belkontur Training and Methodology Centre, Moscow, Russia
Y.I. Gubanova, A.A. Sharova, the Belkontur Training and Methodology Centre, Moscow, Russia
Laurance Caisey, Diane Baras, L’OREAL, France

**14.55–15.10** The peculiarities of lip morphology and ageing in Russian women
Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia
N.G. Lapatina, A.A. Sharova, the Belkontur Training and Methodology Centre, Moscow, Russia
Laurance Caisey, Diane Baras, L’OREAL, France

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Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia
N.G. Lapatina, A.A. Sharova, the Belkontur Training and Methodology Centre, Moscow, Russia
Laurance Caisey, Diane Baras, L’OREAL, France

**15.10–15.25** Patient self-evaluation as a factor of effectiveness of aesthetic procedures
Nina Seredenko, Candidate of Medical Sciences, psychologist, Director of the Centre of Psychological Consultation, Moscow, Russia

**15.25–15.40** Experience of using hyaluronic acid drugs of the «Amaline» line for facial contour plastic
Konstantin Lipsky, Candidate of Medical Sciences, Leading Research Scientist, B.V. Petrovsky Russian Research Centre for Surgery, Moscow, Russia

**15.40–15.55** Lip Modeling with Belotero Basic
Luitgard G. Wiest, Vice President of the International Society of Dermatologists, member of the German Society of Dermatologists and Oncologists, member of the European Academy of Dermatologists and Venereologists, Munich, Germany

**15.55–16.10** Proprietary techniques for facial and neck soft tissue bioreinforcement using hyaluronic acid products. Bioreinforcement as a method for comprehensive problem solving: long-term face lift and skin biorevitalization
Marina Potyomkina, dermatologist-cosmetician, Director and Head Physician of the Caprice Clinic, Moscow, Russia

**16.10–16.30** Discussion

**16.35–16.45** BREAK
16.45–19.00 JOINT SESSION FOR PLASTIC SURGEONS AND DERMATOLOGISTS-COSMETICIANS: “FOLLOW-UP CARE AFTER VARIOUS TYPES OF FACIAL AND BODY AESTHETIC SURGERY.” PANEL DISCUSSION

Chairs: Irina Khrustalyova, Candidate of Medical Sciences, Associate Professor of the Department of Plastic Surgery at Saint-Petersburg Academy of Advanced Medical Studies (SPbMAPO), ISAPS National Secretary for Russia, Saint-Petersburg, Russia
Eleonora Orekhova, Doctor of Medical Sciences, Head of the Department of Apparative Cosmetology, the Centre of Reconstructive Medicine and Balneology affiliated with the Russian Federation Ministry of Health, Moscow, Russia

Participants:
The Institute of Plastic Surgery and Cosmetology (Federal State Unitary Enterprise) affiliated with the Russian Federation Ministry of Health, Moscow, Russia
The Centre for Cosmetology and Plastic Surgery, Ekaterinburg, Russia
Irina Khrustalyova Clinic, Saint-Petersburg, Russia
The Centre for Plastic and Endoscopic Surgery Lancet, Moscow, Russia
The Optimed Aesthetic Medicine Corporation; Moscow, Russia

16.45–17.00 Follow-up care after various types of facial and body aesthetic surgery
Tatiana Konovalova, Doctor of Medical Sciences, professor, the Institute of Plastic Surgery and Cosmetology (Federal State Unitary Enterprise) affiliated with the Russian Federation Ministry of Health, Moscow, Russia

17.00–17.15 Postoperative care after aesthetic surgery (the general concept). Individual clinical protocols for patient care after comprehensive facial and neck rejuvenation surgery
Alyona Kniazeva, dermatologist-cosmetician, Head of the Department of Postoperative Care, the Centre for Cosmetology and Plastic Surgery, Ekaterinburg, Russia

17.15–17.30 An approach to postoperative patient care
Natalia Manturova, the Lancet Centre for Plastic and Endoscopic Surgery, Moscow, Russia
A. V. Shilkov, Y. I. Karpova, I. N. Kosminkova,

17.30–17.45 Rehabilitation of patients after surgical correction of aesthetic defects of face and body
Tatiana Rubtsova, Head of cosmetology department, Clinic of Irina Khrustalyova, Saint-Petersburg, Russia
I.E. Krustalyova, M.A. Orlova, O.Yu. Dolzhikova, Saint-Petersburg, Russia

17.45–18.00 Methods of reconstructing integrity and quality of skin after surgeries, burns and other injuries
Natalia Polonskaya, Candidate of Medical Sciences, Associate Professor of the Department of Dermatovenereology and Clinical Mycology at the Faculty of Advanced Medical Studies, Russian State Medical University; Head Physician, the Optimed Aesthetic Medicine Corporation; Moscow, Russia

18.00–19.00 Discussion, answers to questions from the chairs

End of symposium
The Third Professional Forum
«THE ART OF PLASTIC SURGERY»
January, 28

10.00–10.15 New technologies: the modular breast implant system from the Polytech Company
Anna Malygina, Director General, Bonamed LLC, Moscow, Russia

10.15–12.40 Breast reduction and mastopexy with vertical scar
Klaus Brunnert, MD, Leading Senologist at the Osnabruck City Clinic and the Melle City Clinic, specialist in reconstructive plastic surgery, one of the founders of the German AWOgyn Association, curator of the national breast implant register, Germany

MPS implants in breast reconstruction, implant exchange and congenital deformities
The latest statistics on endoprostheses

12.40–13.40 COFFEE BREAK

13.40–16.40 SESSION “REPEATED RHINOPLASTY: A SHOTGUN DISCUSSION”
Chair: Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia

13.40–14.00 Repetitive and secondary rhinoplasty: special features of patients and surgery technique
Prof. Kirill Pshenisnov, Doctor of Medical Sciences, Head of the Course in Plastic Surgery, Yaroslavl State Medical Academy, Yaroslavl, Russia
Opponents: Konstantin Lipsky, Leonid Pavlyuchenko, Artur Rybakin

14.00–14.20 Talks given by the opponents

14.20–14.40 Repetitive rhinopeasty
Artur Rybakin, plastic surgeon, the Saint Petersburg Beauty Institute, LLC, Saint-Petersburg, Russia
Opponents: Konstantin Lipsky, Leonid Pavlyuchenko, Kirill Pshenisnov

14.40–15.00 Talks given by the opponents

15.00–15.20 Repetitive rhinoplasty: grounds for demands and correction of complications after aesthetic rhinoplasty
Konstantin Lipsky, Candidate of Medical Sciences, Leading Research Scientist, B.V. Petrovsky Russian Research Centre for Surgery, Moscow, Russia
Opponents: Leonid Pavlyuchenko, Kirill Pshenisnov, Artur Rybakin

15.20–15.40 Talks given by the opponents

15.40–16.00 Three aspects of repetitive rhinoplasty
Prof. Leonid Pavlyuchenko, Doctor of Medical Sciences, Aesthetic and Plastic Surgery Department at Russian Peoples’ Friendship University, President of the Association of Clinics for Plastic Surgery and Cosmetology (AKPKHiK), Head Physician of the Beauty Surgery Clinic, Moscow, Russia

Opponents: Konstantin Lipsky, Kirill Pshenisnov, Artur Rybakin

16.00–16.20 Talks given by the opponents

16.20–16.40 Discussion
Prof. Sergey Vasilyev, Doctor of Medical Sciences, Head Surgeon, Director of the Plastaes Centre for Plastic and Aesthetic Surgery, Head of the Department of Plastic Surgery and Cosmetology, Ural State Academy of Advanced Medical Studies (UGMADO), Chelyabinsk, Russia

Prof. Anatoly Belousov, Doctor of Medical Sciences, the Centre for Plastic and Reconstructive Surgery, LLC, Saint-Petersburg, Russia

End of day one
09.30–09.40 New technologies: breast and buttocks augmentation using MACROLANE
Patrick Trevidic, MD, plastic surgeon, Paris, France

09.40–11.40 SESSION: “BREAST LIPOSCULPTURE VS. TRADITIONAL AUGMENTATION MAMMOPLASTY.”
Chair: Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia
Roger Khouri, plastic surgeon, USA
Breast augmentation with fat transfer and external expansion
Emerging concepts and techniques of 3D grafting
Breast augmentation with fat grafts and external expansion
Treatment of breast deformities with fat grafts and external expansion
Discussion

11.40–12.00 Break

12.00–14.00 Surgical methods for eyelid and periorbital rejuvenation. Panel discussion
Chair: Irina Khrustalyova, Candidate of Medical Sciences, Associate Professor of the Department of Plastic Surgery at Saint-Petersburg Academy of Advanced Medical Studies (SPbMAPO), ISAPS National Secretary for Russia, Saint-Petersburg, Russia
Participants:
Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia
Prof. Mikhail Katayev, Doctor of Medical Sciences, ophthalmologist, ophthalmoplastic surgeon, Chief Research Scientist at the Department of Plastic Ophthalmosurgery and Eye Prosthetics, the Division of Eye Traumatology, Helmholtz Moscow Research Institute of Eye Diseases, Moscow, Russia
Jacques Lagier, ophthalmologist, Paris, France
Sergey Nudelman, plastic surgeon, Director of the Centre for Cosmetology and Plastic Surgery, Ekaterinburg, Russia

14.00–14.40 COFFEE BREAK

Chair: Irina Khrustalyova, Candidate of Medical Sciences, Associate Professor of the Department of Plastic Surgery at Saint-Petersburg Academy of Advanced Medical Studies (SPbMAPO), ISAPS National Secretary for Russia, Saint-Petersburg, Russia
Participants:
Prof. Anatoly Belousov, Doctor of Medical Sciences, the Centre for Plastic and Reconstructive Surgery, LLC, Saint-Petersburg, Russia
Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia
Nikolay Golubkov, Head of the Department of Plastic Surgery, the Centre for Cosmetology and Plastic Surgery, Ekaterinburg, Russia
Patrick Trevidic, MD, plastic surgeon, Paris, France

16.40–17.00 BREAK
January, 29

17.00–18.15 **SESSION: “FACIAL LIPOSCULPTURE”**
Chair: Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia

17.00–17.15 Facial liposculpture for the treatment of aging face
Patrick Trevidic, MD, plastic surgeon, Paris, France

17.15–17.30 The modern approach to facial liposculpture. A surgical technique
Andrey Iskornev, the NAOMI Clinic for Plastic Surgery and Laser Cosmetology, Moscow, Russia

17.30–17.45 Subject to be announced
Prof. Alexey Borovikov, Doctor of Medical Sciences, Science Editor of the magazine “Aesthetic Medicine”, Moscow, Russia

17.45–18.15 Discussion

End of day two
28 January

PRESS AUDITORIUM

17.00–19.30 Optimizing rejuvenation results within a multimodal approach using Dysport and Restylane
Workshop from the Moscow Branch of the BOFUR IPSEN PHARMA Company
The workshop is conducted by Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia
Vasily Atamanov, the Novosibirsk Branch of S. N. Fyodorov Interbranch Scientific and Technical Complex for Eye Microsurgery, Novosibirsk, Russia
Yelena Karpova, Candidate of Medical Sciences, member of the Russian Society of Plastic, Reconstructive and Aesthetic Surgeons, member the American Academy of Facial, Plastic and Reconstructive Surgery, the Lancet Centre for Plastic and Endoscopic Surgery, Moscow, Russia

15.20–18.40 Injection methods for the correction of involutional changes in the face
Workshop from the ZDOROVYE SEMIY (‘Family Health’) Company
The workshop is conducted by Vladimir Avtomonov, Medical Adviser for the company ZDOROVYE SEMIY (‘Family Health’).

AUDITORIUM A

10.40–11.40 The comprehensive approach to the correction of skin ageing: what’s new?
Workshop from the La Roche-Posay Company

11.50–12.50 ‘CRM technology’: sustained-action composite contouring products. Soft tissue augmentation in middle-aged and aged patients. The compromise combination of sustained action and biodegradable material
Workshop from the MARUGA COSMETICS Company
The workshop is conducted by Klaus Laeschke, MD, Germany

13.00–16.20 The old and the new in aesthetic botulinum toxin therapy
Workshop from the NIKE-MED Aesthetic Clinic
The workshop is conducted by Prof. Olga Orlova, Doctor of Medical Sciences, Professor of the Department of Nervous System Diseases at the Faculty of Advanced Vocational Training, I.M. Sechenov Moscow Medical Academy, A.Y. Kozhevnikov Clinic of Nervous Diseases; member of SAMS, Head of the Division of Aesthetic Neurology, Moscow, Russia
Ada Artyomenko, Candidate of Medical Sciences, Senior Research Scientist at the

14.10–15.10 The combination of photosensitizing chemical peelings and laser radiation
Workshop from the FUJIE BEAUTY INSTITUTE

AUDITORIUM B

10.40–11.40 An effective therapy for aging skin: RENOPHASE reticulated hydrogel combined with glycolic acid and the latest generation dermal fillers
Workshop from the FUJIE BEAUTY INSTITUTE
The workshop is conducted by Michele Imar, Doctor of Chemistry, pharmacologist, Principal Specialist at the Renophase® Laboratory, author and developer of chemical peelings, France

11.50–12.50 ‘CRM technology’: sustained-action composite contouring products. Soft tissue augmentation in middle-aged and aged patients. The compromise combination of sustained action and biodegradable material
Workshop from the MARUGA COSMETICS Company
The workshop is conducted by Klaus Laeschke, MD, Germany
16.30–18.40 From Surgiderm to Bellcontour: the usage experience
Workshop from The Community of Cosmetologists, LLC
The workshop is conducted by Natalia Shitova, dermatologist-cosmetician, Moscow, Russia

29 January

AUDITORIUM A

13.00–14.00 Comprehensive facial remodelling using Radiesse filler based on calcium hydroxylapatite
Workshop from the NEW LINE COSMETOLOGY Company
The workshop is conducted by Lucy Glency, plastic surgeon, Great Britain, Alexandra Chamber, training physician, Great Britain

14.10–16.20 A hands-on workshop course in contouring using RESTYLANE
The experience of leading Q-med international trainers
Workshop from the VALLEX M Company
The workshop is conducted by Yelena Rumyantseva, specialist in skin and venereal diseases, Scientific Consultant at the Department of Medical Aesthetics and Apparative Cosmetology, Vallex M LLC, Moscow, Russia
Yelena Gubanova, Candidate of Medical Sciences, specialist in skin and venereal diseases, cosmetologist, Head Physician of the Vallex-Med Clinic of Preventive Medicine, Moscow, Russia
Madina Koliyeva, Candidate of Medical Sciences, specialist in skin and venereal diseases, Research Manager of the Vallex M Training and Methodology Centre, Moscow, Russia
Marina Chernyshova, dermatologist-cosmetician, Senior Specialist at the Vallex M Institute of Medical Aesthetics, Moscow, Russia

16.30–18.40 Enerpeel: an innovative chemical peeling technology.
The mechanism and course of chemical desquamation as a function of the physicochemical peculiarities of the acid solutions.
The new peeling programmes tailored to the structural and ageing properties of the skin in various regions
Workshop from the MARUGA COSMETICS Company
The workshop is conducted by Gianfranco de Paoli Ambrosi, Italy

AUDITORIUM B

10.40–11.40 Presentation of a new product from the Aptos Company
The presentation is held by Aptos-PRP LLC

11.50–16.20 Workshop from the Corneal Company

11.50–13.00 New generation fillers.
The peculiarities, the indications, the injection techniques
Maurizio Cavallini, MD, plastic surgeon, microsurgeon, Vice-President of the European Association of Aesthetic Surgery, lecturer at the master of Aesthetic Medicine and Surgery at University of Milan

13.00–16.20 The highest standard of personal aesthetics (DR CAC, Japan).
A different space. A different reality.
The workshop is conducted by Yamagishi Yashushi, Head of the Methodology Centre, the CAC Company Department of Aesthetic Medicine, Japan

16.30–17.30 The linear non-surgical lifting technique (bioreinforcement) for facial contouring and nasolabial and labiomental fold correction using PERFECTHA DERM FINE LINES, PERFECTHA DERM, and PERFECTHA DERM DEEP
Workshop from the MARTINEX Company
The workshop is conducted by Daniel Regozzini, plastic surgeon, member of the Brazil Society for Aesthetic Medicine, Sao Paolo, Brazil
30 January

AUDITORIUM A

9.30–11.40  Varioderm: soft tissue augmentation, the peculiarities of tear trough correction and the correction of the orbital and zygomatic structures
Workshop from the NIKE-MED Aesthetic Clinic
The workshop is conducted by Tina Kupreshenkova, Candidate of Medical Sciences, physician of the higher category, aesthetic surgeon, Moscow, Russia

11.50–14.00  Chemical peelings and biorevitalization: the optimal algorithm for combining them. A strategy for improving skin health and quality
Workshop from the Phitogen Company
The workshop is conducted by Lyudmila Kamelina, dermatologist-cosmetician, physician of the higher category, Coach at Phitogen LLC, Moscow, Russia

15.20–17.40  Workshop from the MARUGA COSMETICS Company

15.20–16.20  Prolonged biorevitalization and bioreinforcement: a theoretical justification of the approach, innovative techniques, individual protocols
The products VISCODERM, CRM, and Fillast
The workshop is conducted by Natal’ya Lapatina, dermatologist-cosmetician, Moscow, Russia

16.30–17.40  Inno-TDS: new mesotherapy products and modern transdermal injection systems. Innovative treatment protocols, the possibilities of combining different technologies
The workshop is conducted by Fernando Buffard, Italy